

# Green Heron Growers

## Comfort Food Boxes

### Heritage Beef Sampler

**\$55**

3# Ground Beef  
1# Stew Meat  
1 Delmonico Steak  
1 Sirloin Steak

### Farm Girl Favorites

**\$55**

1/2 Chicken  
1# Chicken Wings  
1.5# Short Ribs  
2# Ground Beef

### Small Comfort Box

**\$105**

2# Ground Beef  
1# Stew Meat  
1.5# Short Ribs  
1 Delmonico Steak  
1 Chuck Roast  
1 Whole Chicken

### Large Comfort Box

**\$155**

3# Ground Beef  
1# Stew Meat  
1 Sirloin Steak  
1.5# Short Ribs  
1 Chuck Roast  
1 Sirloin Tip Roast  
1 Whole Chicken

**There is no comparison to our 100% Grass-fed Beef and Organic Chicken.**

**Taste the flavor that comes with rotational grazing on organic pastures.**

**Perfect as a gift or for yourself.**

**Nothing is better than the gift of great food!**

**To place your order, please call 716.753.0371  
or email Julie at [julie.blueheron@gmail.com](mailto:julie.blueheron@gmail.com)**

